# JANUARY - MAR

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**ZONE ED** 10:00 - 11:00 Email <a href="mailto:raina@1zone.org.uk">raina@1zone.org.uk</a> for details

# MONDAY

**FLEX DANCE** Years 1 - 6 Call Brodetsky on 0113 2930578

**MINI FOOTBALLERS** 4:10 - 4:45 Reception & Year 1

**YOGA** 5:00 - 5:45 Years 7 - 9

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**KARATE** 5:00 - 6:00 Year 1 - Adults

STREET SOUND Recording / Songwriting / Radio etc

(Yr 7+) Email thestudio@1zone.org.uk

## M19111 #311/1/

**#ACT IT OUT** Years 3 & 4 4:15 - 5:00

> 5:15 - 6:00 Years 5 & 6

> 6:15 - 7:15 Years 7 & 8

**ZONE ED** 5:30 - 6:30 Email raina@1zone.org.uk for details

# THURSDAY

**NETBALL** 5:00 - 6:00 Years 3 & 4

> 6:00 - 7:00 Years 5, 6, 7 & 8

7:00 - 8:00 Years 9 - Adults



We are delighted to announce that our cafe is now under Beth Din Supervision.

Feel free to pop in for coffee, cake, pizza, shakshuka or any other of our tasty Zone made delicacies!



www.1zone.org.uk T: 0113 217 2531

E: info@1zone.org.uk

### **Zone Social Media**

**TZ Leeds** 

thezone\_leeds

@thezoneleeds

thezoneleeds1

**YOUNG PEOPLE BELOW SCHOOL YEAR 5 MUST BE ACCOMPANIED** BY A RESPONSIBLE ADULT **AT ALL TIMES** 



Discover the wonderfully diverse culture of Israel with activities run by our new Shinshinit.













For all the latest information on Zone activities, class dates, opportunities and events, opt in to our e-mailing list. Please send your name and a preferred contact email address to: <a href="mailto:gdpr@1zone.org.uk">gdpr@1zone.org.uk</a>

PLEASE NOTE: Children Under School Year 5 Must Be Supervised By A Responsible Adult AT ALL TIMES

#### **ACTIVITY DATES & PRICES**

**ZONE ED (Sunday)** First Session = 12th January / Last Session = 29th March Email raina@1zone.org.uk

No sessions on 16th & 23rd February

FLEX DANCE Contact Stephanie for more information: flexdanceinc@googlemail.com or call Brodetsky 2930578

FOOTBALL First Session = 6th January / Last Session = 30th March £55.00 (members)

No sessions on 17th February / 9th March £77.00 (non-members)

YOGA First Session = 6th January / Last Session = 30th March £55.00 (members)

No sessions on 17th February / 9th March £77.00 (non-members)

KARATE First Session = 7th January / Last Session = 24th March £45.00 (members)

No sessions on 18th February / 31st March £65.00 (non-members)

**ZONE ED (Wednesday)** First Session = 8th January / Last Session = 25th March Email raina@1zone.org.uk

No session on 19th February

**#ACT IT OUT** First Session = 8th January / Last Session = 25th March £55.00 (members)

No sessions on 19th February / 31st March £77.00 (non-members)

**NETBALL** First Session = 9th January / Last Session = 26th March £45.00 (members)

No sessions on 23rd January / 20th February / 5th March £63.00 (non-members)

Please contact Janet directly by emailing janetsammon62@gmail.com

STREET SOUND Bookable studio sessions with our producers Simon or Hamlet for Year 7+ Call for more info



# **DON'T MISS OUT!**

Make sure you're following us on Facebook or Instagram to hear about special events and activities happening throughout the year.

Please note that your child will not be able to attend a paid for activity until payment is received in full.













We Accept Payments By Cash / Cheque / Card

The Zone - The Henry Cohen Campus - Primley Park Road - LS17 7HR

For Bookings: Telephone: 0113 217 2531 Email: joanne@1zone.org.uk Website: www.1zone.org.uk









